

# GAMBLING CAN HARM ANYONE

If you think gambling might be harming you or someone you know, there is free, confidential information and support that works.



Chapter One provides information on:

Gambling  
harm  
and how it  
happens

How to  
support  
someone  
else

Practical  
steps you  
can take

Free,  
confidential  
services in  
Greater  
Manchester



Visit the Chapter One website for information  
and support for everyone affected by gambling

[www.chapter-one.org](http://www.chapter-one.org)

**CHAPTER ONE**

Information and support  
for everyone affected by gambling