

GAMBLING CAN HARM ANYONE

You may not know if gambling is harming you,
it can happen to anyone at any time.



Chapter One is for everyone affected by gambling.
We provide information on:

Gambling
harm
and how it
happens

Getting
support
for yourself
or someone
else

Steps you
can take
to protect
yourself

Free,
confidential
services in
Greater
Manchester



Visit the Chapter One website for information
and support for everyone affected by gambling

www.chapter-one.org

CHAPTER ONE

Information and support
for everyone affected by gambling